

TO VACCINATE OR
NOT TO VACCINATE?

(JON RUNYAN'S
EAGLES' NEST)

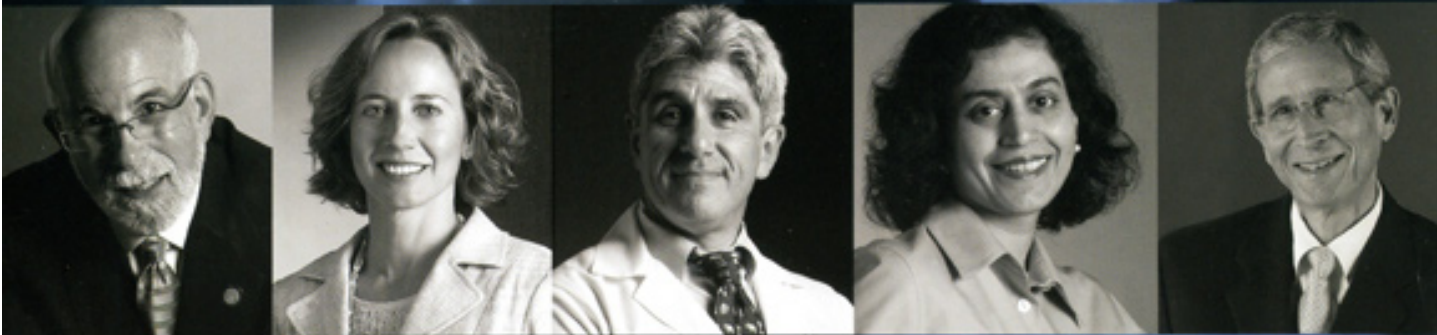
SOUTH JERSEY™ MAGAZINE

VOLUME 5 ISSUE 5



TOP PHYSICIANS

TWO THOUSAND EIGHT



Your guide to the area's best doctors
in over 35 specialties



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Dr. Pierre Coant (Holding his newborn daughter.)

At what point in your life did you decide to become a doctor?
I had an interest in helping people and working with people...help them with their health. So it's something that developed over time.

Why did you choose your particular specialty?
Well, I'm a pediatrician so I enjoy working with babies and younger people, helping to try to maintain their health, trying to keep them well.

If you could give one piece of health advice to our readers, what would it be?
Try and have a routine exercise schedule, try and eat right, and try to connect to your doctor to have your doctor and other medical professionals keep you in good health.

What do you anticipate will be the greatest medical advancement in the next 50 years?
It's always hard to predict the future, but the work in genetics, human genetic code, stem cell research, using stem cells to replace parts of the body that have either been injured or have been diseased.

If you weren't a doctor, what would you be doing?
Well, when you're in the medical field, there are just a lot of different opportunities and areas. I've always had an interest in medicine, so if it wasn't in a pediatric area, it would be in some other part of the medical field.



Dr. Mark Mintz

Why did you choose your particular specialty?

It provided me with the best opportunity to provide meaningful service.

If you could give one piece of health advice to our readers, what would it be?

Eat well, sleep well, exercise and reduce stress.

What, if any, doctors from history do you most admire?

Albert Schweitzer, because of all he accomplished both inside the medical field as well as outside and simultaneously was a great humanitarian.

What was the greatest challenge you faced on your road to becoming the doctor you are today?

The greatest challenge is having to share in the tragedy of severe disease with families.

What piece of advice would you offer to someone interested in entering the medical field?

Be very passionate about your choice no matter what you do.

If you weren't a doctor, what would you be doing?

Probably a musician, I was a classical organist.



The Readers' Choice: Top Physicians 2008 Readers' List

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