



Neurology of South Jersey

Electronystagmography (ENG)

Electronystagmography (ENG) is a test used to assess the vestibular system. The vestibular system is the portion of the inner ear which provides information to the brain regarding movement and orientation of the head and body. This test is performed by monitoring a patient's eye movements when following a target, moving in different body positions, and changing the temperature of the ear canal.

Electronystagmogram Instructions

12 HOURS BEFORE YOUR TEST

Do not take any of the following medications for 12 HOURS prior to your scheduled test time:

- Anti-Vertigo medications: Antivert, Meclizine, etc...
- Tranquilizers: Valium, Librium, Serax, etc...
- Sedatives or sleeping pills
- Narcotics/Barbituates: Phenobarbitol, Codeine, Demerol, Dilandid, Percodan, etc...
- Antihistamines: Any prescription or over-the-counter medications (cold remedies) containing an antihistamine, etc...
- Alcohol: All alcohol is prohibited including beer, wine, and cough medications containing alcohol.

4 HOURS BEFORE YOUR TEST

- Do not eat
- Do not drink
- Do not smoke
- Please dress comfortably and have your facial area cleansed thoroughly (no makeup, face cream, or lotion)
- Please make sure your ears are clear of ear wax before your testing
- Any medications that are NOT prohibited on the list above may be taken, such as heart medications and insulin. If you are unsure, please call us and ask.

Mitchell J. Rubin, MD; Jonathan I. Orwitz, MD; Seth M. Keller, MD
Arun Kachroo, MD; Carole E. Thomas, MD; Jamie Strause, RN, MSN, APN-C
BOARD CERTIFIED IN NEUROLOGY

Advocare Neurology of South Jersey

200-B Route 73 North
Suite 2
Voorhees, NJ 08043

Tel: (856) 335-0400
Fax: (856) 335-0406

Amherst Commons
693 Main Street, Bldgs. B and D
Lumberton, NJ 08048

Tel: (609) 261-7600
Fax: (609) 265-8205