



Wednesday, August 4, 2010

## **New Adolescent Health & Wellness Center opens in Narberth**

NARBERTH — As kids mature into adolescence, going to a pediatrician’s office with a waiting room geared to infants and young children can feel a little childish. Now teens, tweens and in-betweens can feel more comfortable and receive specialized treatment in the Adolescent Health & Wellness Center at Advocare Main Line Pediatrics, a caring, teen-friendly office dedicated exclusively to the medical, emotional and behavioral issues that occur most often in adolescence.

The AH&WC operates under the medical direction of Eve Bosnick, MSN, CRNP, a certified nurse practitioner with more than 20 years of adolescent research and clinical-practice experience. Focusing on comprehensive preventive care, including sexual and reproductive health, risk screening and risk reduction, Bosnick’s care philosophy integrates psychosocial and developmental factors into assessing illness and promoting wellness.

Bosnick says Advocare Main Line Pediatrics created the AH&WC because “Adolescence is that special time between childhood and adulthood when young people grow, change, explore, develop, learn and experience life in new, exciting and often challenging ways. Now the challenges to growing up to adulthood are far more risky than ever before. Teens and their parents need compassion, support and coaching from their health providers to be successful.”